

SAFETY FLASH 22-68: PERSONAL PROTECTIVE EQUIPMENT

Personal Protective Equipment are the last measures for your safety, however, not less important.

GOOD PRACTICE




- ✓ Safety footwear. Low shoes or boots both have pros and cons.
- ✓ Use safety gloves suitable for the job: mittens provide additional hand-safety during mooring activity. The selection of suitable gloves should correspond to the hazards likely to arise.
- ✓ Overall and other clothing protect against wind, cold and precipitation when mooring. Effective work clothing are also important for visibility.
- ✓ Life jacket; regulations require life jackets of 150N. However, 275N is recommended for heavy work clothing and is completely safe in the event of unconsciousness under almost all weather conditions.
- ✓ Helmet
- ✓ Safety goggles



BAD PRACTICE

- x Not wearing (the right) PPE.
- x Not checking your PPE before use. See suppliers instructions.
- x Thinking you don't need the PPE.



Precipitation		X = watertightness Y = breathability
Visibility		Class 1 is suitable for inland navigation
Cold		EN 14058 = for cool conditions higher than -5°C EN 342 = for cold temperatures lower than -5°C.

ACTION QUESTIONS

- Which type of shoes do you wear? What are the pros and cons?
- Do you use gloves or mittens when working with mooring gear? Why?
- Where do you keep your PPE and is that the best place to keep them?

