

# SAFETY FLASH 22-76: GOING ON OR OFF BOARD

**Near misses or accidents occur regularly when going on or off board. The consequences can be very serious. Make a step-over with full attention and ask for help if necessary.**

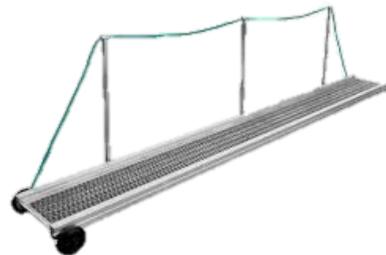
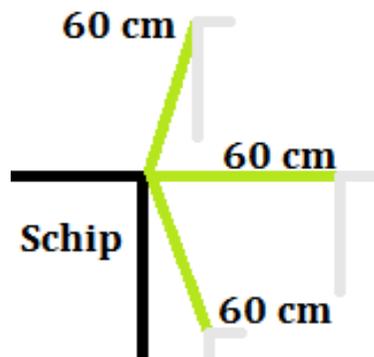
## GOOD PRACTICE

- ✓ Keep a maximum radius of 60cm as a safe distance for a step over. See image.
- ✓ Only use appropriate resources to go on or off board. (gangway, stairs)
- ✓ Always keep your hands free during the transfer on or off the barge. For example, use a backpack or hand over your baggage/groceries or use a crane.
- ✓ Place ladders and gangways correctly. Think about a solid surface, not too steep or too flat, attach at the top, and if possible, use a handrail.
- ✓ Antislip and appropriate PPE like safety shoes and a lifejacket.
- ✓ Extra alertness in case of slipperiness when it's cold and wet weather.
- ✓ Notify when you are about to go on or off board, so that someone can assist you or keep an eye out..
- ✓ Perform periodic maintenance timely.



## BAD PRACTICE

- x Usage of loose planks as gangway.
- x Walking on a rope to cross a certain distance.
- x Usage of a ladder as a gangway.
- x Jumping to go on or off board. This distance will NOT be safe per definition.
- x Going on or off board with full hands. You will not have the possibility to hold on to something.



## ACTION QUESTIONS

- What do you pay attention to when going on or off board? Keep in mind the height and width.
- Which resources do we have (on board) to go safely on or off board?
- What is a solid/not solid surface?

