

SAFETY FLASH 26-121: PERSON OVERBOARD

Falling overboard occurs regularly in inland shipping, often leading to drowning. To prevent this, taking measures and being aware of the risks is very important. In case it does happen, know what to do!

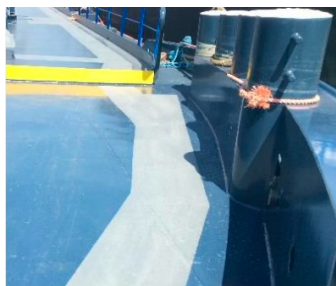
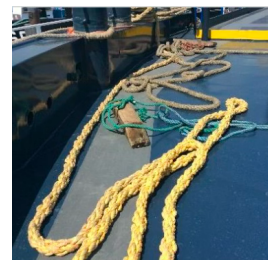
GOOD PRACTICE

- Wearing safety shoes.
- Walkways provided with anti-slip.
- Securing during work in the gangway (when no railing is available).
- Ensure a safe step-over and make this step-over carefully.
- Ensure a tidy workspace.
- Performing a LMRA (Last Minute Risk Analysis).
- Wearing a life jacket (last resort).
- Have an emergency plan ready and discuss this, so everyone knows what to do in case of a POB (Person Overboard) –situation.
- Practicing a POB-situation.
- Have emergency contact information at hand at all times.
- Know how to recognize hypothermia and how to act. (also see SF 24-89 hypothermia)



BAD PRACTICE

- x Wearing inappropriate footwear.
- x Walking on a slippery deck.
- x An untidy workspace.
- x Laziness, haste, 'this won't happen to me' attitude.
- x Dismantling rescue equipment (because of maintenance/operation and not bringing it back to the correct state).
- x Not (correctly) wearing a life-jacket.



Heat Escape Lessening Position



bron: safety4sea.com

ACTION QUESTIONS

- What personal protective equipment do we have on board? Are these sufficient?
- On which places do we walk, but don't we have anti-slip?
- How do we help each other not to fall overboard? (For example: addressing unsafe behaviour).
- Do you know what to do when you or a colleague falls in the water?

